



NJAYF – Jersey Shore Conference

The New Jersey American Youth Football and Cheerleading (NJAYF) - Jersey Shore Conference is affiliated with American Youth Football (AYF), the largest youth football organization in the country.

For the 2017 season, NJAYF - Jersey Shore Conference, will change to an AGE BASED division versus the AGE/WEIGHT division. This change has come about after a review by the member association presidents, consultation with other conferences, and various supportive materials. In the last few seasons, more youth football teams across the country including Garden State AYF have converted to the AGE based versus WEIGHT based format.

The removal of weight restrictions allows all children to play at a more appropriate maturity and physical development level. Participants have an opportunity to play on age appropriate teams providing for SAFER, competitive teams.

NJAYF will offer the following levels for the 2017 season – FLAG, 7U, 9U, 10U, 11U, 12U, 13U, 14U

What is Age Based?

Age based is an age appropriate division, without weight restrictions. The participants of each level will be together with the same children they play baseball, basketball, soccer, lacrosse, etc. They will be with the same children they attend class with and play with at home in their back yards. They will be with their peers at all times. In fact with age based play, children will be with their peers at every level of football play.

Why Age Based?

The program is socially correct. You have parity at every level and each child moves with their respective team. With an age based program you don't have a child playing at one level this year and then jumping up 2 levels the next year due to a growth spurt. Furthermore there is no longer a need for any child to cut or lose weight to play football. Every child will play at the appropriate age level.

What about Nationals?

Since most of the Nation has already made the move towards Age Based Football, AYF Nationals has added a new Division for the 2017 Season. NJAYF will be playing in the Division 2 All American Division providing our teams a chance to play for a National Championship against teams that draw kids from similar boundaries.

The formatting of teams is based on age.

INSTRUCTIONAL DIVISIONS OF PLAY
AGE PROTECTED UNLIMITED WEIGHT
NON-COMPETITIVE DIVISIONS ("MITEY MITE")

DIVISIONS OF PLAY	PROTECTED AGES	WEIGHT
7U Division	CANNOT TURN 8 BEFORE 8/1/17	UNLIMITED WEIGHT
9U Division	CANNOT TURN 10 BEFORE 8/1/17	UNLIMITED WEIGHT
AGE DIVISIONS CAN BE COMBINED		

ALL -AMERICAN DIVISIONS OF PLAY
AGE PROTECTED UNLIMITED WEIGHT
COMPETITIVE DIVISIONS

DIVISIONS OF PLAY	PROTECTED AGES	WEIGHT
10U Division	CANNOT TURN 11 BEFORE 8/1/17	UNLIMITED WEIGHT
11U Division	CANNOT TURN 12 BEFORE 8/1/17	UNLIMITED WEIGHT
12U Division	CANNOT TURN 13 BEFORE 8/1/17	UNLIMITED WEIGHT
13U Division	CANNOT TURN 14 BEFORE 8/1/17	UNLIMITED WEIGHT
14U Division	CANNOT TURN 15 BEFORE 8/1/17	UNLIMITED WEIGHT
AGE DIVISIONS CAN BE COMBINED		



We look forward to an exciting 2017 Season!!